

# **Changing Course for Redevelopment Success**



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American Baptist Homes of the West (ABHOW)

Douglas Pancake Architects, Inc.

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## **Learning Objectives**

At the end of this program, participants will be able to:

- 1. Implement design strategies into memory care environments that will compensate for residents missing cognitive skills and strengthen residents remaining skills.
- Implement design and phasing strategies that will minimize the physical and emotional impact to residents living in a retirement community undergoing major building replacement projects.
- 3. Implement programming and design strategies in the creation of health and wellness programs for aging residents in a CCRC
- Implement programming and design strategies in the creation of a cluster-design, household-model skilled nursing and rehabilitation therapy facility supporting new care delivery philosophy.

#### Agenda

- History of changes for redevelopment at Terraces at San Joaquin Gardens and lessons learned from the Operations perspective
- The Dynamic Funding Process from the CFO perspective
- The Changing Development Process from the VP of Development's perspective
- The Dynamic Design Process from the Architect's perspective



### History/Original Plan

 Built in 4 phases starting in 1966 on 30 acres near a shopping mall and Fresno State College

#### **Existing Buildings**

**Independent Living** 

174 Apartments

**Memory Support** 

22 Apartments

**Assisted Living** 

**42** Apartments

**Skilled Nursing** 

86 Beds





# Assessment of Redevelopment & Need

- 1998 Redevelopment Plan
- Poor entrance from Fresno St., minimal curb appeal
- 25 acre overgrown landscape, over one thousand mature trees, two landscape designs and deteriorating sidewalks
- West side of campus flooded during rain
- Building Issues
  - Old and outdated SNF, AL & Dining Rm.
- Program Issues
  - No Special Care Unit for memory loss
  - No Fitness Center for lifting weights
  - Swimming pool not heated





### ED & VP Regional Manager Vision

- Vision Development
  - 1998 Redevelopment Plan Goals 2000 recession
    - Do what you can with the resources you have
      - Landscape remedial plan destination gardens
      - Flooding 3 year fix
      - Fitness Center Educate, share vision, raise money
      - Converted "H" building into a delayed egress AL special care unit for ALZ on a shoe string budget
  - Use combined experience and research to envision a picture of the future
    - Cruise ship services Boomers and choices multiple restaurants spa services
    - What do I want in a SNF?
      - Private rooms
      - Home environment with kitchen, living room, dining room and fireplace
- Vision and Program drive design

### Initial Funding Ideas

- Phase I financed with internal unrestricted cash from "capital reimbursements" from a 2006 financing
- Phase II would reimburse use of internal cash
- Community "spun out" of Obligated Group to seek financing
  - In Dec. 2006, Phase II financing projected to occur March 2008
  - Protect the core credit, non-recourse to the Obligated Group
  - Attract more capital than could be secured in Obligated Group
- Spin out still a strategy, but
  - Oct. 2011, Phase IIB financing projected to occur June 2012, smaller scope
  - To finance at affordable rates, need protection of core credit during construction.



#### Phase I

- Entitlement process for other two projects using 2006 borrowing delayed
  - Carved out \$23 million of \$48 million available restricted funds to use in "friendly" development environment
  - Initial entrance fees not required for debt pay-down
    - Created tremendous flexibility



## Initial Redevelopment Design (Original Redevelopment Plan)

 When developing Master Plan, strive to relocate a resident no more than once





### Initial Landscape Plan



#### ELM COURT

Theme Tree - Evergreen Elm Passive Curvilinear Walkways Renches Covered Seating Pavilion Flowering Shrubs and Vines Butterfly Garden

#### CYPRESS COURT

Theme Tree - Italian Cypress Formal Rose garden Benches (2) Covered Seating Pavilions Flowering Shrubs and Vines Fountain / Water Feature

#### REDWOOD COURT

Theme Tree - California Redwood (cultivar) Passive Curvilinear Walkways (2) Covered Seating Pavilions Flowering Shrubs and Vines Boulder / Waterfall Fountain Feature and Pond

#### MAGNOLIA COURT

Theme Tree - Southern Magnolia (cultivar) Swimming Pool and Spa (partially covered) Multi-Purpose Activity Terrace Flowering Shrubs and Vines

#### OAK COURT

Theme Tree - Holly Oak Passive Curvilinear Walkways Covered Seating Pavilion Flowering Shrubs and Vines Contemplative Boulder / Rock Garden

#### MYRTLE COURT

Theme Tree - Crape Myrtle Cut Flower / Vegetable Garden Benches Covered Seating Pavilion Fountain / Water Feature Flowering Shrubs and Vines Citrus / Stone Fruit Orchard (semi-dwarf varieties) (2) Tool Sheds

#### MAPLE COURT

Theme Tree - Japanese Maple Alzheimer Sensory Garden Benches Looped Walking Course Flowering Shrubs and Vines Butterfly / Hummingbird Garden

#### H. TULIP COURT

Theme Tree - Tulip Tree Benches Fountain / Water Feature Flowering Shrubs and Vines

#### ALDER COURT

Theme Tree - White Alder Passive Curvilinear Walkways Benches (3) Covered Seating Pavilion Flowering Shrubs and Vines Tennis Court Open Lawn Areas Inter-generational Tot-Lot Area Fountain / Water Feature

#### CEDAR COURT

Theme Tree - Deodar Cedar Formal Rose garden Covered Seating Pavilion Flowering Shrubs and Vines Bird Garden

#### SWEET GUM COURT

Theme Tree - Liquidambar (cultivar) Passive Curvilinear Walkways Benches Flowering Shrubs and Vines Butterfly / Hummingbird Garden

#### PALO VERDE COURT

Theme Tree - Palo verde Passive Curvilinear Walkways Covered Seating Pavilion Flowering Shrubs and Succulents Contemplative Boulder / Rock Garden



#### Site Plan Impacted by Innovation

- Design evolves to reflect changing care model
  - Incorporation of household model care center





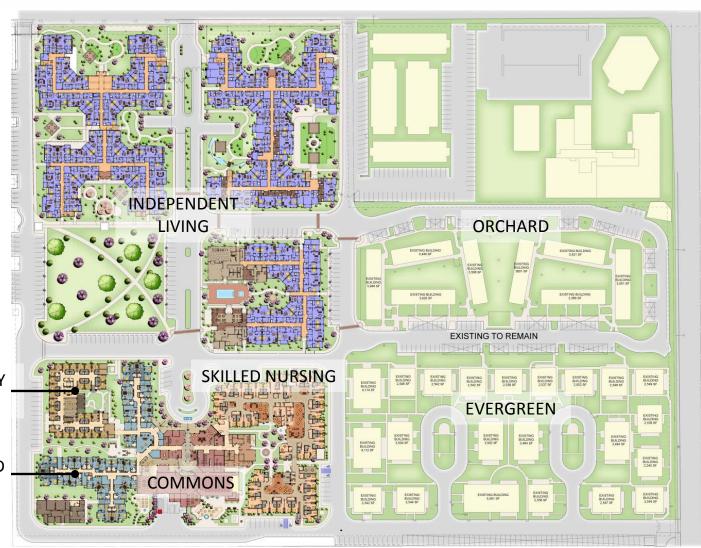
#### Household Skilled Nursing Design

- Design changes to reflect changing care model
  - Innovative design for SNF based upon the household model.
  - The first all cluster design/household
     SNF model in CA
  - Regulatory hurdle
    - OSHPD approved– success story





#### Revised Site Plan



MEMORY CARE

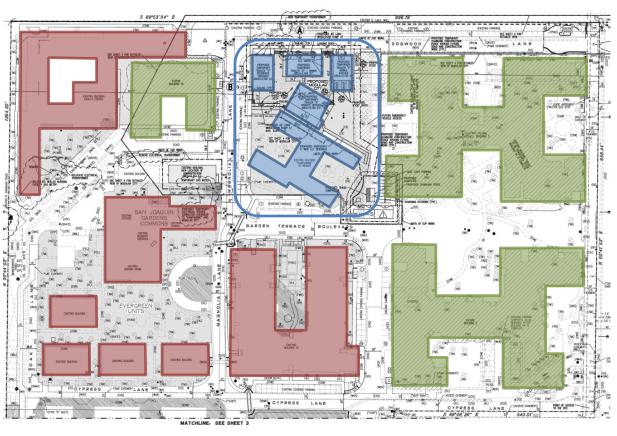
ASSISTED LIVING



- Keeping operation functions running
  - Offsetting regulatory requirements imposed on existing buildings
    - Postponing the existing Health Center generator upgrade
  - Using the emergency generator specified for Bldg. 6 for the existing Health Center
  - Temporary trailers vs. outfitting temporary space

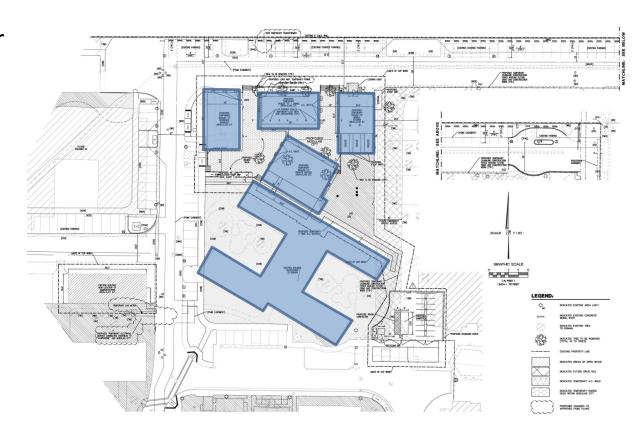


- Develop strategy for housing displaced functions.
- Communicate plan well in advance
- Locate in existing buildings where possible





- Develop a trailer city where no other accommodations are available
- Temporary location with convenient and safe access
- Build inviting outdoor gathering space





- Existing building approvals can be impacted with temporary building conditions
  - Preserve originally permitted allowable building limits
  - Additional protection required by Fresno Fire Department: Noncombustible north wall
  - Systems required now but not after final site infrastructure is completed
- Use green building options to offset required city mitigations
  - Achieving Fresno Green Certification mitigated some of the requirements in meeting our entitlements responsibilities
- Don't underestimate the volume of details

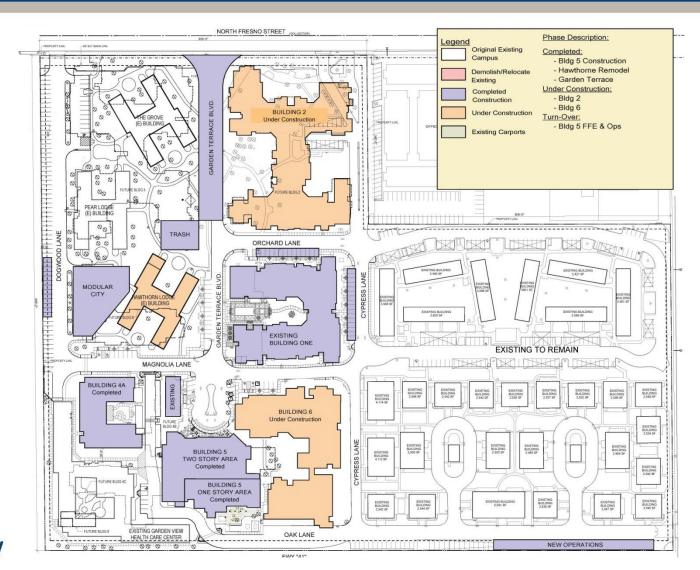


### Construction Sequencing Matrix

- To assure complete scoping of required work on a complex project prepare a site-plan based sequencing plan
- Develop with substantial input from architect, contractor and operations staff
- Review edited plan with all stakeholders after each major revision – you'll be surprised at what you didn't think of!

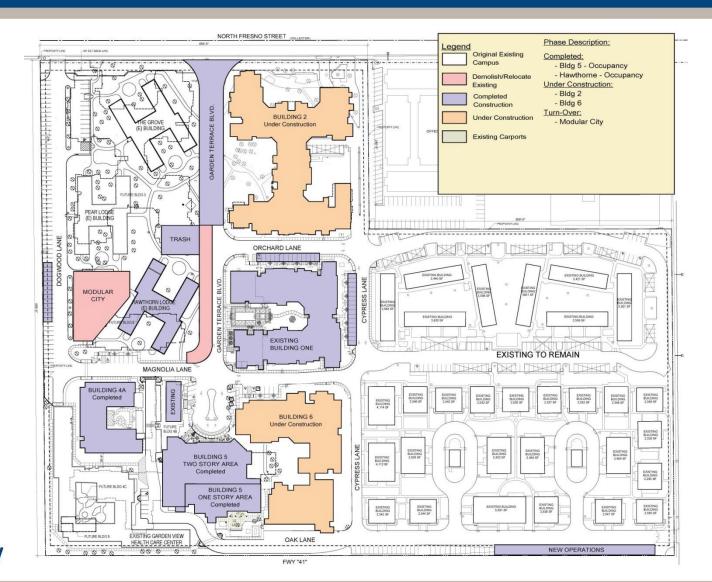


### **Construction Sequencing**



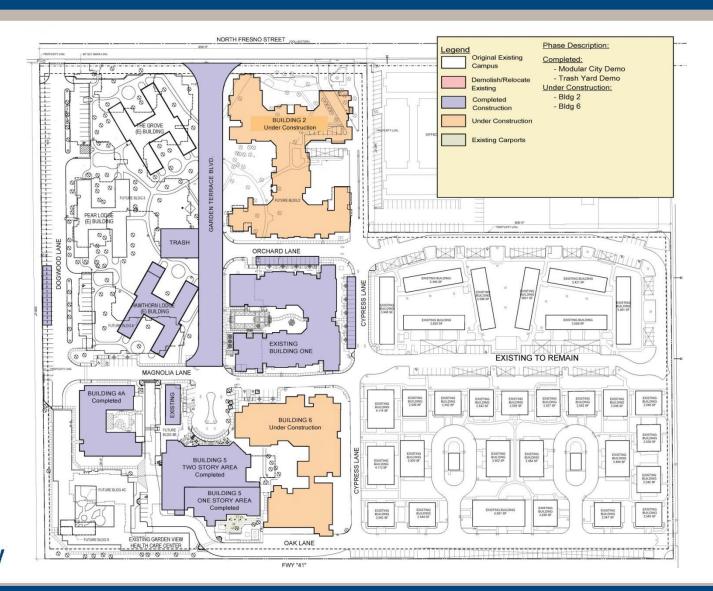


### **Construction Sequencing**





### **Construction Sequencing**

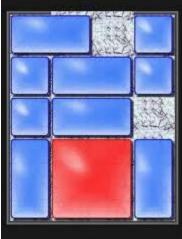




## Initial Redevelopment Design (Original Redevelopment Plan)

- Campus operation financially positive and full
- How do you initialize redevelopment without significantly impacting your existing revenue stream?
  - Chicklet puzzle solution







#### Phase I

 Provide campus amenities with the first delivery so the current residents benefit early











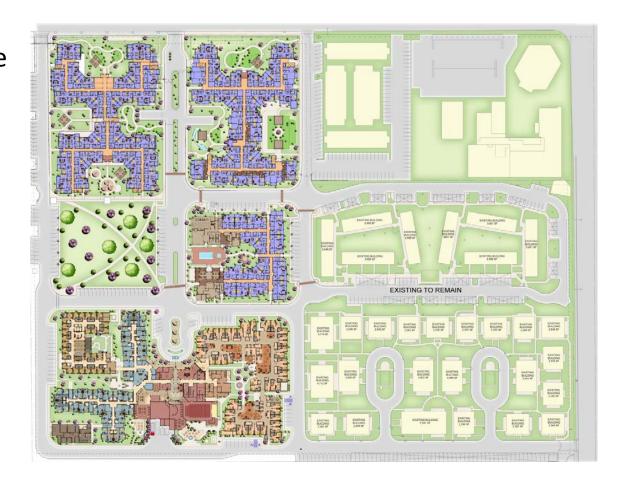






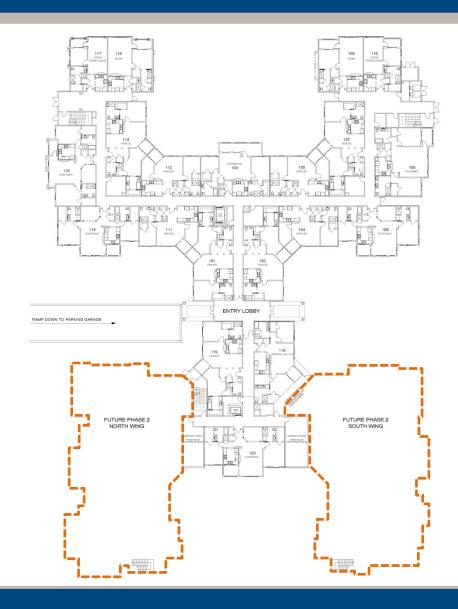
## Phase II: Exploring Alternatives to Achieve Financing

In slow sales
 environment, explore
 whether reducing
 the number of
 apartments by
 breaking up phases
 or buildings might
 shorten time to a
 financeable project



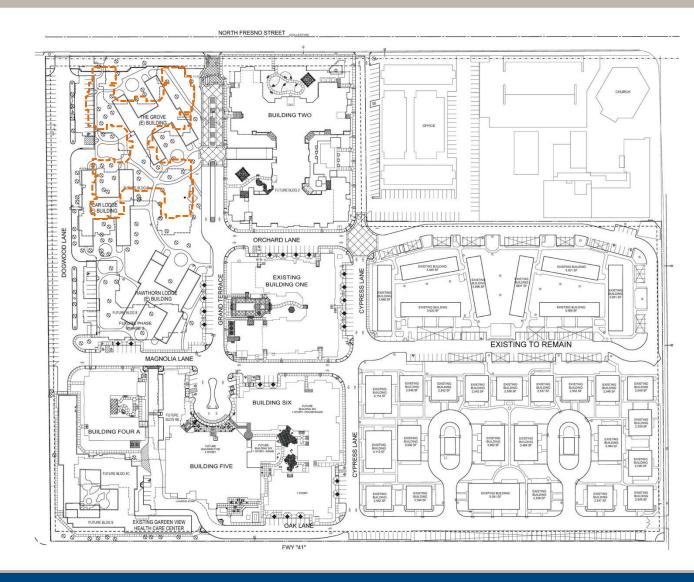


- Scaled back Independent Living
  - Unit Count Reduced in Bldg. 3



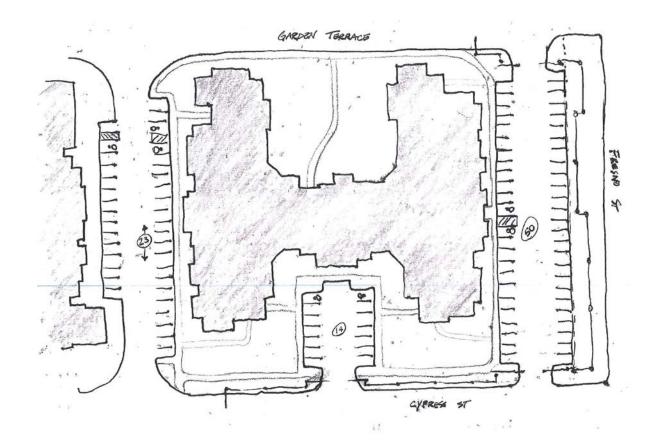


- Scaled back Independent Living
  - RemovedBldg. 3





- Scaled back Independent Living
  - Omit garage in Bldg. 2 (reduced building to 56 apartments)

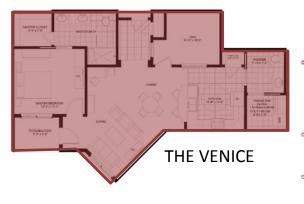


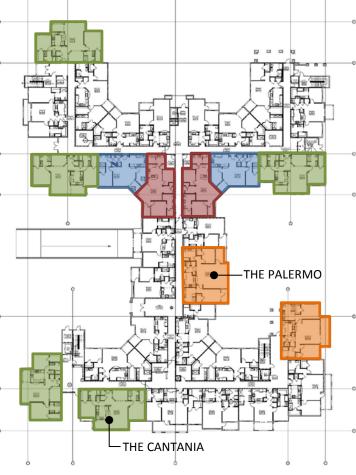


- Reconsidered
   Unit Mix
  - Redesign
     Bldg. 2 to
     incorporate
     top selling
     apartment
     designs



THE NAPLES







## Phase II: Iteration Due to Economy and Resulting Delays

#### Permit Expiration

- Project faced added drawing revision and construction hard cost due to permit expiration
- Some jurisdictions developed a policy to extend permit life
- Understand Building Department's policies and develop a strategy around approval, permit issuance, extension, picking up permit within designated period to begin construction and performing minimal work to keep permit active
- Code Cycle Changes 2008-2011
  - Projects being permitted under new code can add significant cost
  - Accelerate drawings to allow submission prior to code change



#### Phase II: Iteration Due to Economy

- Need to continue redevelopment due to the campus not showing well
  - Still not reaching presales goal
    - Existing campus losing occupancy
    - Financing environment tenuous
  - How do you proceed?
    - Leverage initial entrance fees from Phase I
    - Tier other sources of capital
    - Pray







### Remaining Residential Apartment Upgrades Needed

- Tired older homes have limited appeal
- Dated product adjacent to new product will show poorly experience elsewhere shows no one wants to live on the "cheap" side of campus
- Opportunity to resolve landscape issues leveling slope, widening sidewalks, improving lighting, etc.









## Remaining Residential Apartment Upgrades Needed

- Advantages of engaging design talent to help solve the problem
- Size contractor to the job not affordable without smaller scale contractor





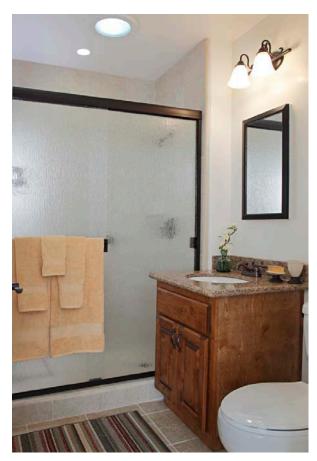








#### Remaining Residential Apartment Upgrades Needed









#### Remaining Residential Apartment Upgrades Needed-Financing

- Relocate residents to facilitate remodeling phases large enough to impact the feel of the neighborhood and lower per apartment cost
- Phase construction to reduce capital outlay
  - Used Phase I entry fees to renovate Evergreen
  - Return construction costs with first generation of entry fees
  - Evergreen entry fees replenished pool for Phase II (total potential \$15 Mil.)
  - Marketing Results of Villa Project
- Phase EV I learning curve applied to Phase II
  - EV I command and control of 5 apartments
  - EV II Residents control of 22 apartments
    - EV III Off line until Phase II is full
      - Delay Implementation to avoid internal competition

## Remaining Residential Apartment Upgrades Needed - Orchard

- Minimal cost upgrade to lower cost apartments can still benefit product
- Implement new aesthetic in order to avoid having older buildings stand out
- Implement in phases in order to spread cost





#### **Evolution Marketing Plan and Structure**

- Original Marketing Plan
  - Green field approach with model
  - Two marketing teams
- Evolved Marketing Plan to complete Phase II presales
  - Reduced RL apartments to be built to accommodate financing
  - Combined sales teams
  - Developed different sales incentives and entrance fee options to increase stagnant pre-sale results
- Lesson Learned stay involved and attend marketing events when you can



#### Phase IIB Plans

- Three-legged stool
  - 75% Pre-Sales
  - 90% Existing campus Occupancy
  - Affordable Financing Environment
- Exploring traditional construction loan with a forward commitment for take out by state insurer
- First time to be attempted under a new statute
  - Minimizes negative arbitrage
- Design Implications
  - Keep options open/flexible
- Funding to Complete reduced scope
  - \$70 Mil. Scope

#### **Challenges Going Forward**

- Retaining depositors through a lengthy development process
- Continuing real estate value and market concerns
- Managing resident services during reconstruction of the Commons Bldg.
- Maximizing existing residents' morale
- Continuing competition with ourselves



#### Lessons Learned

- Good assessments are crucial
- Vision and program drive design
- Do what you can with what resources you have
- Master plan the entire campus: Evergreen/Italian Villa conversion
- Be flexible to constant and creative change
- Be a team player with a great attitude
- Communicate-Communicate!
- Changing Marketing strategies are critical for success



## Thank you for your time!

# QUESTIONS?

This concludes The American Institute of Architects
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